

7TH ANNUAL SPEEDRIVER CYCLING CLUB CYCLOCROSS WEEKEND

ONTARIO PROVINCIAL CHAMPIONSHIPS ON SATURDAY OCTOBER 23
SRCC CITIZENS RACES ON SUNDAY OCTOBER 24

TECHNICAL GUIDE

The Speed River Cycling Club is proud to present their 7th annual weekend of cyclocross racing at Kelso Conservation Area, Milton, Ontario. Two days of fast and fun racing on two completely separate courses. The upper course that has traditionally been used on the second day will be used for the Provincial Championship race on Saturday.

Ontario Provincial Cyclocross Championships - Saturday October 23/10
SRCC Kelso Cross Race (citizen event) – Sunday October 24/10

For additional information please visit: www.speedrivercyclingclub.org/xrace.html

1. Schedule of Events

1.1. Provincial Championships – Saturday Oct. 23/10

8:45 AM	Registration opens
9:30 AM	Sign-in closes for 10:00am start
10:00 AM	RACE #1 – 40 minutes Master C Men, Master D Men, Sportif Men, U15 Men, U17 Men, U17 Women
11:00 AM	Sign-in closes for 11:30am start
11:30 AM	RACE #2 – 50 minutes Junior Men, Master B Men, Elite Women, Master Women
12:30 PM	Sign-in closes for 1:00pm start
1:00 PM	RACE #3 – 60 minutes U23 Men, Elite Men, Master A Men

1.2. Kelso Cross Citizen Race – Sunday Oct. 24/10

8:45 AM	Registration opens
9:30 AM	Sign-in closes for 10:00am start
10:00 AM	RACE #1 – 40 minutes Master 3 Men, Beginner Men, U15/U17 Men & Women
11:00 AM	Sign-in closes for 11:30am start
11:30 AM	RACE #2 – 50 minutes Junior Men, Master 2 Men, Elite Women, Master Women
12:30 PM	Sign-in closes for 1:00pm start
1:00 PM	RACE #3 – 60 minutes Elite Men, Master 1 Men

SPONSORS



SUGOiS



cannondale



2. Registration – PROVINCIAL CHAMPIONSHIPS (Saturday Oct. 23/10)

2.1. Eligibility & Licensing

- All UCI-licensed riders are eligible to register.
- OCA Citizen Permit holders may also register for the categories indicated in the following table.
- For unlicensed riders who are residents of Ontario, OCA One-Event Racing Permits will be available for purchase for the categories indicated in the following table.
- Only OCA-issued UCI license and Citizen Permit holders are eligible for Provincial Championship medals. One-Event Racing Permit holders are not eligible for medals.
- US domestic license holders are **ineligible** to participate.
- An OCA representative will be present at the race to assist with rider licensing issues. One-Event Racing Permits and Citizen Permits will be available from the OCA. There are no plans to sell UCI licenses on race day. Please contact the OCA for more details.
- Age as of **December 31, 2011**. Subtract your birth year from 2011 to determine your correct racing age.

TABLE ONE

CATEGORY	ONE-EVENT PERMIT	CITIZEN PERMIT	UCI LICENSE
Master C Men (50-59)	√	√	√
Master D Men (60+)	√	√	√
U15 Men	√	√	√
U17 Men	√	√	√
U17 Women	√	√	√
Sportif Men *	√	√	√
Master B Men (40-49)			√
Elite (including U19) Women	√	√	√
Master Women (30+)	√	√	√
Junior Men (17-18)			√
U23 Men (19-22)			√
Elite Men (23+)			√
Master A Men (30-39)			√

*Non-Championship category. Beginner Men or Master 3 Men who elect not to participate in their UCI age category are eligible to participate in the Sportif category.

2.2. Entry

- Provincial Championships is **PRE-REGISTRATION ONLY**. There is **NO** day-of entry.
- Pre-registration is available at www.ontariocycling.org using the drop-down menus on the left side of the page.
- Pre-registration closes **THURSDAY OCTOBER 21/10 at 11:59am (NOON)**.
- Entry fee is \$35.
- Pre-registration fee for both days is \$50
- One-Event Racing Permits are \$5
- Refunds will not be given for riders opting not to race after pre-registration closes.
- Park gate fee is not included in race entry fee and must be paid when entering the main gate.

2.3. Sign-in, Bib Numbers, and Timing Tag Pick-up

- Riders **MUST** sign-in on the day of the race.
- Riders must present their UCI License or Citizen Permit at sign-in.
- Sign-in opens at 8:45am and closes 30 minutes prior to each race.
- All riders will be issued a **new** set of bib numbers (one back number, 2 shoulder numbers) to be used for the Provincial Championships only. Please **DO NOT** use bib numbers issued previously this season.
- The large back number is to be positioned as instructed at registration.
- **Riders are to provide their own pins.**

SPONSORS



- Bib numbers **do not** need to be returned after the race.
- All riders will be issued a timing tag to affix to their bicycle. If you have a second bicycle located in the pit, please request a second timing tag when signing in.
- Timing tags are to be affixed to the bicycle as instructed at registration.
- Timing tags **MUST** be returned after the race. Failure to return timing tags will result in a \$10 charge per tag.
- If you are racing the citizen event on Sunday you **MUST STILL** return the timing tag after Saturday's race. A new timing tag will be issued for Sunday's race.

2.4. Rider Call-ups

- Riders must be in the start corral no later than 15 minutes prior to their race start for bike check and call to the line.
- When called to the line a rider may take any empty position in the start grid.
- Riders absent when called to the line will be given a starting spot in the last row.
- Call to the line order will be determined as follows:
 1. UCI points as of October 19/10 (Elite Only)
 2. top 5 ranking in Southern Cup and Eastern Series standings
 3. time and date of registration

3. Registration – KELSO CROSS CITIZEN RACE (Sunday Oct. 24/10)

3.1. Eligibility & Licensing

- All UCI-licensed riders are eligible to register.
- OCA Citizen Permit holders may also register for the categories indicated in the following table.
- For unlicensed riders who are residents of Ontario, OCA One-Event Racing Permits will be available for purchase for the categories indicated in the following table.
- US domestic license holders are **ineligible** to participate.
- Age as of **December 31, 2011**. Subtract your birth year from 2011 to determine your correct racing age.

TABLE TWO

CATEGORY	ONE-EVENT PERMIT	CITIZEN PERMIT	UCI LICENSE
Master 3 Men	√	√	√
U15 Men	√	√	√
U17 Men	√	√	√
U17 Women	√	√	√
Beginner Men (19-34)	√	√	√
Master 2 Men			√
Senior (including U19) Women	√	√	√
Master Women	√	√	√
Junior Men			√
Senior Men (19-34)			√
Master 1 Men			√

3.2. Entry

- Pre-registration is available at www.ontariocycling.org using the drop-down menus on the left side of the page.
- Pre-registration closes **THURSDAY OCTOBER 21/10 at 11:59am (NOON)**.
- Pre-registration fee is \$20. Pre-registration fee for both days is \$50
- One-Event Racing Permits are \$5
- Day-of registration will be available for \$30 cash. No cheques or credit cards will be accepted.
- Day-of registration closes 30 minutes prior to the start of each race.
- Refunds will not be given for riders opting not to race after pre-registration closes.
- Park gate fee is not included in race entry fee and must be paid when entering the main gate.

SPONSORS



3.3. Sign-in, Bib Numbers, and Timing Tag Pick-up

- Riders **MUST** sign-in on the day of the race.
- Sign-in opens at 8:45am and closes 30 minutes prior to each race.
- Riders must present their UCI License or Citizen Permit at sign-in.
- OCA Southern Cup Series riders are to use the bib numbers issued to them previously this season.
- If you have not been issued a Southern Cup Series bib number this season, one will be given to you at registration. Riders are to keep this number and use it for other Southern Cup Series or Citizen events.
- A \$20 fee will be charged for replacement numbers. Please do not forget to bring your numbers.
- **DO NOT** use the bib numbers issued for the Provincial Championships. Riders not wearing the correct bib numbers may not receive a placing.
- **Riders are to provide their own pins.**
- Numbers are to be positioned as instructed at registration.
- Bib numbers **do not** need to be returned after the race, but kept for other races this season.
- All riders will be issued a timing tag to affix to their bicycle. If you have a second bicycle located in the pit, please request a second timing tag when signing in.
- Timing tags are to be affixed to the bicycle as instructed at registration.
- Timing tags **MUST** be returned after the race. Failure to return timing tags will result in a \$10 charge per tag.

3.4. Rider Call-ups

- There will not be rider call-ups.
- Riders must be at the start line no later than 10 minutes prior to their race start.

4. Awards & Points

4.1. Provincial Championships – Saturday Oct. 23/10

- The top three finishers in each category (TABLE ONE above), who are residents of Ontario and hold an OCA-issued UCI License or Citizen Permit, will be awarded Provincial Championship medals. Medals are provided by the OCA.
- Cash (or prize equivalent) and merchandise prizes will be given out up to 5 deep in each category, depending on the total number of riders in the category.
- Minimum prizing and upgrade points are as follows:

Category Size:	1 - 3	4 - 9	10 - 14	15 - 19	20+ riders	Upgrade Pts
1 st	15	30	45	60	75	0
2 nd	-	15	30	45	60	0
3 rd	-	-	15	30	45	0
4 th	-	-	-	15	30	0
5 th	-	-	-	-	15	0

4.2. Kelso Cross Citizen Race – Sunday Oct. 24/10

- Cash (or prize equivalent) and merchandise prizes will be given out up to 5 deep in each category (TABLE TWO above), depending on the total number of riders in the category.
- Minimum prizing is as follows:

Category Size:	1 - 3	4 - 9	10 - 14	15 - 19	20+ riders	Upgrade Pts
1 st	5	10	15	20	25	15
2 nd	-	5	10	15	20	11
3 rd	-	-	5	10	15	8
4 th	-	-	-	5	10	6
5 th	-	-	-	-	5	4

- Riders with sufficient points to upgrade at this event will be issued new bib numbers for their new category.

SPONSORS



4.3. Protocol

- Top 5 finishers in each category are required to attend the awards presentations.
- Failure to attend will result in forfeiture of all prizes and possible additional penalties.
- Top 5 finishers in each category are required to present themselves at the podium area within 15 minutes of the last rider crossing the finish line.
- Top 5 finishers in each category are required to wear a clean competition wear to the awards presentation.
- No hats or sunglasses are permitted to be worn on the awards podium.

5. Event Rules

- The races will be governed by the current UCI rules for cyclocross as amended by the CCA.
- The UCI penalty scale with CCA/OCA modifications will be used for any infractions.
- Races will start promptly at their indicated start times.
- There will NOT be a team managers meeting.
- No one may warm up on the course once a race has started.
- Feeding: In the event of warm weather conditions (above 20°C) the commissaires' panel may decide to allow feeding. If feeding is allowed it will take place in the pit lane. Under those conditions, feeding is not allowed during the first 2 and the last 2 laps.
- There will be one double equipment pit.
- There is no neutral service provided. Riders must supply their own spare wheels or bicycles. All service must take place in one of the equipment pits.
- In the event of a mishap, equipment changes must be carried out within the confines of the pit lane.
- Riders may change wheels or bikes in pit. Outside mechanical assistance can only occur in the pit.
- A rider may use the pit lane only in the event of a change of bicycle or wheel, or for feeding as described above. Riders may not ride through the pit lane without stopping.
- A rider who passes the end of the pit must continue to the following pit to change the bicycle or wheel.
- Any rider who is in the racing lane and has not gone past the end of the pit lane may enter the pit area as long as they re-trace their route in the racing lane and enter the pit at its start without obstructing other competitors. This is the only place on the course that a rider may go backwards on the course.
- The exchange of equipment between riders shall be forbidden.
- Any rider dropping out of the race shall immediately notify a commissaire.
- Lapped riders may be pulled from the race at the discretion of the commissaires.
- The ringing of a bell will indicate the last lap.
- All riders will finish on the same lap as the winner. Lapped riders will complete fewer laps than the winner and are not to complete additional laps.
- Riders may not use any form of radio communication while competing.
- The use of personal music players (iPod, Mp3, etc.) are not permitted while racing or warming up on the course.

6. Equipment Rules

- Riders are required to wear jerseys corresponding with the club or team printed on their license.
- Independent riders and unlicensed riders are required to wear a plain jersey with no significant logos, team names or advertising displayed on them.
- Sleeveless jerseys are not permitted.
- Two-way radios are reserved for race organization only.
- The use of radio links or other remote means of communication with the riders is forbidden.
- At all times when warming up or participating in the event, riders who are mounted on a bicycle shall wear a securely fastened helmet that meets one of the following standards, their updated equivalents or the equivalent recognized safety standard from another country:

SPONSORS



- a) CSA standard CAN/CSA-D113.2-M ANSI standard Z90.4
 - b) US DOT helmet standards for cycling ASTM standard F-1447
 - c) Snell Memorial Foundation Standard “B” or “N” series
 - d) US CPSC standard for bicycle helmets;
- Riders shall provide documented proof of this, such as a manufacturer’s label, upon request by event officials.
 - The use of glass containers is strictly prohibited during the race.

6.1. Provincial Championships – Saturday Oct. 23/10

- Riders in the 10:00am start are permitted to use any MTB, road, or cyclocross bicycle.
- All riders in the 11:30am and 1:00pm starts are required to use a bicycle in conformity with the current UCI equipment regulations (www.uci.ch > Rules). In particular:
 - a) A bicycle shall not measure more than 185 cm in length and 50 cm in width overall.
 - b) Width of the tire shall not exceed 33 mm and it may not incorporate any form of spike or stud.
 - c) Disc brakes are allowed.

6.2. Kelso Cross Citizen Race – Sunday Oct. 24/10

- Master and U17 riders are permitted to use any MTB, road or cyclocross bicycle.
- Elite Men, Elite Women and U19 must use a cyclocross bicycle in conformity with the current UCI equipment regulations (www.uci.ch > Rules), however the 33mm tire width rule will not be enforced.

7. First Aid

- Available near registration.
- Provided by St. John’s Ambulance
- Closest hospital:
 - Milton District Hospital
 - 30 Derry Road East
 - Milton, Ontario
 - (corner of Bronte Rd & Derry Rd)
 - (905) 878-2383
- Directions to hospital:
 - 1) Head northeast out of park towards Tremaine Road (go 1.6km)
 - 2) Turn right at Tremaine Road (go 4.9km)
 - 3) Turn left at Derry Road (go 1.5 km)
 - 4) Continue to intersection of Bronte Road
 - 5) Milton District Hospital is on southeast corner of intersection of Bronte Road and Derry road



SPONSORS



8. Competitor Showers

- Showers are available in the pavilion located east and south of the dam beside the main parking lot.
- **DO NOT** take your bicycle inside the pavilion or into the shower area.
- Kindly try to keep the space clean for the convenience of your fellow competitors.

9. Bike Wash

- A bike wash area will be provided adjacent to the pavilion

10. On-site Catering

- Provided by Alex and Dan Catering (www.alexanddan.com), a Guelph-based catering company specializing in the use of locally sourced natural and organic foods.

11. Directions to Event

- Note that park gate fees are **NOT** included in race entry fees and will need to be paid when entering the park.
- From Highway 401:
 1. take Highway 25 north to Campbellville Road;
 2. go west to Tremaine Road;
 3. go south until you reach Kelso Road;
 4. turn right to park entrance.
- From Highway 5:
 1. take Tremaine Road north to Kelso Road;
 2. turn left to park entrance.
- GPS Coordinates: 43.509-79.941
- See the race website (www.speedrivercyclingclub.org/xrace.html) for an interactive map.

12. Course Map – PROVINCIAL CHAMPIONSHIPS – Saturday Oct. 23/10

- The following preliminary course map for Provincial Championships is subject to change.



SPONSORS



SUGOiS



cannondale

